



Unit 2: "Healthy habits"
Worksheet n°16

Student's name:	
Grade: 7th A B C	Date: August 03 – August 07

OA 8: Demostrar conocimiento y uso del lenguaje en conversaciones, discusiones y exposiciones para expresarse sobre actividades y rutinas.
OA 9: Demostrar comprensión de ideas generales e información explícita en textos adaptados y auténticos simples, en formato impreso o digital, acerca de temas variados.
OA 14: Escribir una variedad de textos breves, utilizando los pasos del proceso de escritura, con ayuda del docente.

NOTAS IMPORTANTES:

- **EN PRIMER LUGAR, ESPERO TE ENCUENTRES MUY BIEN Y HAYAS TENIDO UN MUY BUEN DESCANSO EN ESTAS SEMANAS DE RECESO DE CLASES. AHORA, ¡ES MOMENTO DE VOLVER RECARGADOS DE ENERGÍAS! ☺**
- **SI TE PERDISTE O SIMPLEMENTE QUIERES REPASAR LAS CLASES YA REALIZADAS, PUEDES CHEQUEARLAS EN EL CANAL DE YOUTUBE. INGRESA A ESTE LINK PARA VISUALIZARLAS:**

<https://www.youtube.com/playlist?list=PLuB8Akf3DfH0Eie3rpubCUNrxOX0M96zt>




IN THIS CLASS, WE WILL EXERCISE THE PRESENT SIMPLE TENSE! LET'S MAKE A REVIEW BEFORE! (En esta clase, ejercitaremos el tiempo Presente Simple. Pero antes, ¡hagamos un breve repaso!)

LAST CLASSES, WE GOT TO KNOW THE THREE FORMS IN THIS TENSE: **AFFIRMATIVE, NEGATIVE AND INTERROGATIVE.**





AFFIRMATIVE FORM	NEGATIVE FORM	INTERROGATIVE FORM
I eat	I don't eat	Do you eat?
You eat	You don't eat	Do you eat?
She eats	She doesn't eat	Does she eat?
He eats	He doesn't eat	Does he eat?
It eats	It doesn't eat	Does it eat?
We eat	We don't eat	Do we eat?
They eat	They don't eat	Do they eat?

IT'S TIME TO EXERCISE! 

I. Read the two stories about Sheila and Mark and complete with the correct form of the verbs. (Lee las dos historias sobre Sheila y Mark, y completa los espacios con las formas verbales correctas del Presente Simple).

Sheila is 12 years old. She **(go)**to school in the morning and **(come)**back home at 2 in the afternoon. Then, she **(take)**a shower and she **(have)**.....**has**..... lunch. Sheila usually **(eat)**..... vegetables and some meats. For example, she **(have)**...**has**..... chicken or fish with rice and salad. She **(not/like)**..... drinking soda. Instead, she **(prefer)** water or juice. After that, she **(brush)**..... her teeth. In the evening, Sheila **(walk)**..... to the sports center. She likes team sports. She **(play)**..... tennis. She **(not/exercise)** alone. When she **(be)**..... hungry, she always **(eat)**..... some fruit. Sheila never **(go)**..... to bed after ten because she **(need)**..... to get enough rest to get up early in the morning.



Mark always **(get)**..... up at twelve in the morning. He **(not/have)**..... breakfast. Mark **(like)**..... having hamburgers, pizza, crisps and hot dogs for lunch. He always **(have)****has**..... fizzy drinks like cola. So there **(be)**.....**is**..... any vegetables or fruit at home. After lunch, he **(take)**..... the bus and **(go)**..... to school – six blocks far away. At six o'clock, Mark **(go)**..... to the bus stop and **(come)**.....back home. He **(sit)**..... on his dad's sofa and **(watch)**..... TV for three hours. When he **(be)**..... hungry, he **(eat)**..... lots of sweets or chocolate biscuits and he always **(drink)**..... cola. He usually **(go)**..... to sleep at eleven or twelve because before that he **(like)**..... playing computer games. He usually **(stay)**..... at home all day at weekends.



II. Answer these questions. (Responde estas preguntas).

1) Whose story is about healthy habits?

2) Whose story is about unhealthy habits?

III. What about you? Write in at least 3 lines, about your daily routine and the things you usually do. Try to use the affirmative as well as the negative form of the Present Simple. (Ahora, escribe sobre tu rutina diaria en al menos, 3 líneas. Trata de usar tanto la forma afirmativa como negativa del Presente Simple).

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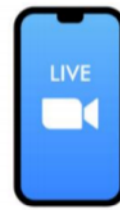


EN ESTA OCASIÓN, TENDREMOS **UN NUEVO ENCUENTRO POR ZOOM** PARA DESARROLLAR ESTA CLASE.

PARA ESTO, ¡DEBES RESPETAR EL PROTOCOLO DE BUEN USO DEL AULA VIRTUAL!

INGRESA A LA CLASE CON LOS DATOS DE TU CURSO, DETALLADOS MÁS ABAJO. ☺

¡RECUERDA QUE PUEDES
INGRESAR DESDE TU
COMPUTADOR O CELULAR!



7ºA:

Tema: 7th A - English Meeting

Hora: 5 ago 2020 10:00 AM Santiago

Unirse a la reunión Zoom

<https://us04web.zoom.us/j/75334195989?pwd=MzZ5bDlFQnF3eWVCV2Z4ZXhVbEsrUT09>

ID de reunión: 753 3419 5989

Código de acceso: 3Uipip

7ºB:

Tema: 7th B - English Meeting

Hora: 5 ago 2020 11:00 AM Santiago

Unirse a la reunión Zoom

<https://us04web.zoom.us/j/77273579989?pwd=c1NwTHNRbkZPeW02QnQrT2Fnb2dmQT09>

ID de reunión: 772 7357 9989

Código de acceso: 5vH1MZ



7°C:

Tema: 7thC - 5th meeting

Hora: 5 ago 2020 12:00 PM Santiago

Unirse a la reunión Zoom

<https://us04web.zoom.us/j/71289218205?pwd=WFZOejhrd0FocTZXNnp0S1BEaXpHZz09>

ID de reunión: 712 8921 8205

Código de acceso: 8PyALR

SELF-EVALUATION - Put a ✓ according to the criteria given and think about what you did with this guide.
(Dibuja un ✓ según el criterio dado y reflexiona sobre tu desempeño en esta guía).

CRITERIA	☺	☹
1. <i>I learned new words.</i> (Aprendí nuevas palabras).		
2. <i>I was responsible during this class.</i> (Fui responsable en el desarrollo de esta clase).		
3. <i>I improved my language skills.</i> (Mejoré mis habilidades para entender y utilizar el idioma).		
4. <i>I understood the content.</i> (Entendí el contenido).		
5. <i>I can explain this content to other people.</i> (Puedo explicar esto a otras personas).		

